

Why Detox?

- Birth defects have increased 1,600 percent since 1980
- Breast cancer incidence is up 250 percent since 1980
- Sperm count in men is down 59 percent since 1940
- Cancer deaths have increased 500 percent since 1900
- Heart disease is up 400 percent since 1900

Before & After



Before detoxing begins, water is crystal clear



Toxins pulled through the feet discolor the water

Essentials
6208 Montgomery NE, Ste C
Albuquerque, NM 87109

Michelle Vidal, LMT, CWKP
License #2567
By appointment
505-453-7646

Michelle Vidal

Ion Cleansing & Foot Detoxification



Detoxification Works

Did you know that every day, you are exposed to over 50,000 chemicals, petrochemicals, plastic, pesticides and herbicides?

Even the food you eat contains antibiotics, preservatives, mercury and other heavy metals, herbicides and pesticides.

Because of poor diet and high stress, we tend to accumulate and store excessive quantities of waste products, such as diacetic, lactic, pyruvic, uric, carbonic, acetic, butyric and hepatic acids.

Detoxification restores the balance in your body by removing pathogens that occupy cell receptor sites and block hormone utilization.

Detoxifying can:

- Improve your metabolism
- Enhance immunity
- Restore homeostasis
- Cleanse organs and cells
- Help you lose weight
- Decrease joint stiffness
- Improve circulation
- Relieve pain
- Improve sleep
- Reduce blood pressure

The Detox Aqua Spa™

The Detox Aqua Spa™ is a professional detoxification system which aids in total body purification. As the power is drawn from the control unit, ions are created in the water. Ions are charged atoms or molecules.

When the machine is set to positive, the current is directed to the positive pole, which results in more negative ions in the water. This, in turn, raises body pH from acidic toward alkaline.

With the machine set to negative, the opposite effect occurs, raising the body pH toward acidic from alkaline.

Approximately 95% of people in our culture experience a state of acidity. Their bodies contain an excess of hydrogen ions, and their blood pH is lower than 7.45. These people greatly benefit from exposure to large concentrations of negatively charged ions.

Services & Rates

Each Detox Aqua Spa™ session is \$20.00

Gift certificates are available.

Ask about our other services:

- Massage
- Raindrop therapy
- Wholistic kinesiology



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